

# Our Programming



## Whole of Child Philosophy

At Energy Kidz, everything we do is underpinned by our Whole of Child philosophy, putting children at the centre of every decision we make - we want to help build brighter futures for our children. We achieve this by listening to the needs of each school community and its families to ensure we're providing a service that supports everyone. Whole of Child is our philosophy and a commitment to our families, our school partners and our teams to remain focused on what is important to us: the children who are entrusted into our care every single day.

We like to see ourselves as an extension of your school and we pride ourselves on adding a depth and richness to children's learning beyond the school curriculum. Our programmes are focused on providing children with the knowledge, skills, behaviours, and dispositions to assist them in navigating a complex and dynamic world.

Fundamentally, everything we do is in the best interests of children. Every program created, resource bought, and decision made is done in collaboration with the children, for the children. Our daily programme includes:



### Creativity + Learning

Preparing children to reach their **potential** in a world yet to be imagined.



### Wellbeing + Happiness

Promoting children's sense of **personal wellbeing** and optimism.



### Inclusion + Participation

Supporting children in making **connections** between their world and the worlds of others.

This philosophy drives our six inclusive activity categories seen below:



### Skills for Sports SPORTY KIDZ

Action packed, high energy multi-sport sessions designed to engage children through physical activity and encourage participation.



### Learn through play DISCOVERY KIDZ

Child led discovery sessions that encourage children to learn through play, energise their interests and develop friendships.



### Let's get moving ENERGETIC KIDZ

Fun movement-based sessions that inspire, educate, engage and motivate children to move more.



### Learning to thrive PRACTICAL KIDZ

Life skills sessions that give children the opportunity to learn, thrive and take part in structured fun and practical sessions which cover a wide range of learning experiences.



### Wellness WELLNESS KIDZ

Wellbeing sessions that educate and engage children in the benefits of leading a well-balanced healthy lifestyle.



### Express yourself CREATIVE KIDZ

Creative sessions that encourage children to express themselves and explore their senses and creativity through inventing, building, art, crafts, role play, music, drama and more!